DECATHLON SCORING 1st DAY **ATHLETE 100 METER DASH** Points Time Distance - 1 **Attempt** Distance - 2<sup>r</sup> **Attempt LONG JUMP** Distance - 3 Attempt Total **Points Points** Distance - 15 **Attempt** Distance - 2<sup>r</sup> **Attempt SHOT PUT** Distance - 3<sup>r</sup> **Attempt** Total Points **Points** 5'8" - (615) 5'10"-(660) Attempt - Clear (0), Miss (X), or UNNECESSARY (-)  $\odot$ Clear (0), Miss (X), or UNNECESSARY 6'0" - (705) Attempt - Clear (0), Miss (X), or PASS (P) 6'2" - (750) 6'4" - (795) 6'6" - (840) 6'7" - (865) HIGH JUMP 6'8" - (880) 6'9" - (910) 6'10"-(925) 6'11"-(950) Attempt -7'0" - (965) 7'1" - (990) 7'2" - (1010) 7'3" - (1035) Total **Points** Points Time - 1<sup>st</sup> 100 Time - 2<sup>nd</sup> 100 Time - 3<sup>rd</sup> 100 **400 METER RUN** Time - 4<sup>th</sup> 100 **TOTAL TIME** Total **Points Points** 

**DAYS TOTAL POINTS** 

## **DECATHLON SCORING 2<sup>nd</sup> DAY**

DLG						_																	$\overline{}$					
А			ATHLETE																									
110 METER HIGH HURDLES		Time																										
		Points		oints																								
		Distance - 1 <sup>st</sup> Attempt																										
DISCUS		Distance - 2 <sup>nd</sup> Attempt																										
		Distance - 3 <sup>rd</sup> Attempt						Г																				
		Points Total Points																										
1	11'0" - (630)			JIIIG										П														
1	11'6" - (675)		(-)																									
	12'0" - (715)													П														
1	12'4" - (745)			Œ																								
1	12'8" - (770)	<u>6</u>	ARY	ARY (																								
1	13'0" - (795)	SS (I	- Clear (0), Miss (X), or UNNECESSARY (-)	ESS/																								
1	13'4" - (820)	r PA		NEC																								
1	13'8" - (850)	- Clear (0), Miss (X), or PASS (P)		2 N																								
<u>5</u> 1	14'0" - (875)	iss (		x), o																								
POLE VAULT	14'4" - (900)	0), N		iss (																								
빌 1	14'8" - (925)	ear (	0), ⊾	0), M																								
<u>a</u> 1	15'0" - (950)	<u>.</u>	p	3 <sup>rd</sup> Attempt - Clear (0), Miss (X), or UNNECESSARY (-)																								
1	15'4" - (975)	Attempt																										
1	5'8" - (1000)	1 <sup>st</sup> Att																										
1	6'0" - (1025)	<del>*</del>																										
1	6'3" - (1040)		2 <sub>n</sub>																									
1	6'6" - (1060)																											
1	6'9" - (1075)																											Ш
1	7'0" - (1095)																											Ш
Щ		Point	Points				L																					
		Distance - 1 <sup>st</sup> Attempt																										
	JAVELIN	Distance - 2 <sup>nd</sup> Attempt																										
ا ا	ANT ELIM	Distance - 3 <sup>rd</sup> Attempt																										
		Points Poin		otal pints																								
1500	Time	po	oints																				I					
	FINAL POINTS																											